



## Arya Prathinidhi Sabha & Arya Samaj of Melbourne (APSASM)

### Newsletter

4 Sorrento Place, Epping, Vic-3076, Australia. Phone: (+61) 4315 90515 [www.aryasamajofmelbourne.com](http://www.aryasamajofmelbourne.com)

#### Recent Events

Ved Prachaar

Diwali function & Rishi Nirwaan Diwas

Children's Program for Diwali

Ved Prachaar & Workshops

Annual General Meeting

#### Upcoming Events

Vedic Workshop

Ved Prachaar with APSNZ

Shastrath

Arya Samaj Sthapna Diwas

#### News Summary:

APSASM conducted Ved Prachaar in September and October 2011. The event was held from the 30<sup>th</sup> of September till the 4<sup>th</sup> of October 2011. Ved Prachaar sessions were conducted by Acharya Ved Prakash Shrotriya who is considered as one the finest advocates in Vedic teachings and is a dynamic and seasoned speaker. He travels extensively across India and various other countries delivering lectures on the Vedas. Topics covered during the event were:

30/9/11 - Ish Upanishad(also known as Vajsaneopnishad and is the 40th chapter of Yajurved - explanation and answering of queries)

1/10/11 & 2/10/11 - Dharm and its application in our life.

3/10/11 - Upasana (practical teaching & answering of queries relating to Dharm)

4/10/11 - question and answer session



On the 30<sup>th</sup> of October 2011, we celebrated the Rishi Nirwaan Diwas and Diwali at Radesh Ram & Yogeeta Ram's Residence. All APSASM members participated in this annual event. Various workshops on Vedic teachings have been conducted in our monthly satsangs as well.

Children's development program of APSASM for 2011 was presented by Akaash, Prerna, Priyanka, Shivani, and Bhavya. This year presentation was about the holy Vedas such as the Abhudev (prosperity) and Nihshrayas (highest good) for the manushayas (humans). The children also discussed the subjects of Vedas which are Vijnana (philosophy or metaphysics), Karma (action in general), Upasana (communion with God) and Jnana (knowledge in general).

They also talked about the four ashrams: Brahmacharya (life of a student as per Dharm), Grihastha (the life of householders), Vanaprastha (the life of an ascetic or abstinence from worldly pride and disciplining your character towards abstinence of worldly pleasures in pursuit of contemplative ideals) and Sannyasa (the life of a Dharmik teacher who has renounced the world). Finally to conclude the program, they discussed about the 16 Kalas which are: Ishan or accurate thoughts, Prana or vitality (energy or life), Shraddha or faith in satya, Akash or ether, Vayu or air, Agni or fire, Jal or water, Prithvi or earth, Indriya or senses, Man or knowledge, Anna or grain/food, Virya or Strength, Tapa or righteous conduct, Mantra or Knowledge of Vedas, Karma or effort for good deeds and Naam or name. Then Pandit Prashant Sharma elaborated on the topics to have a better understanding.

In October 2011, we had our Annual General Meeting. Mr Surya is taking over Mrs Shareen's role as secretary. The other office bearers were re-elected unanimously. President Mr Radesh presented the president's report. Pandit Prashant presented the secretary's report. All the financial statements were presented to the members 4 - 5 weeks prior to the AGM. The financial statement was accepted unanimously by all members and non-members. Sub-committees for Prachar Samiti, Newsletter and Bhajan Samiti were elected.

#### **Mantra of the month:**

*"Om annapate annasya no dehyanamivasya sushminah. Prapadataram tarish urjam no dhehi dvipade chatushpade."*

*--Yajur Ved 11/83.*

O God! The giver of food! May you provide us with healthy and energy producing food. Grant happiness to those who give food in charity. May this food provide energy to all two legged and four legged living beings.